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# Caterina Franzon

PhD Student

## Details

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## Discipline(s)

Nutrition, Food Behaviors

## Activities / CV

### MY THESIS

Barriers, facilitators and strategies to changing dairy food intakes: a cross cultural perspective

- [Summary of the thesis](#)

### ATTACHMENTS

Bournemouth University, Department of Psychology  
Institut Lyfe Research Center

### MY EXPERIENCE

- 2022-2025 : PhD student at Bournemouth University and Institute Lyfe, under the supervision of Prof. Katherine Appleton (BU) and the co-supervision of Dr. Anestis Dougkas (IPB) and Prof. Juliet Memery (BU)
- 2018- 2020 : International Master's Degree "Physiological and Psychological Food Choice Determinants" (P2FOOD), AgroSup Dijon and University of Bourgogne-Franche-Comté, Dijon, France
- 2011 - 2014 : Bachelor's Degree "Science and Culture of Gastronomy", University of Padova, Padua, Italy

## Additional information

### MY ACTIVITIES

The primary aim of this PhD is to explore and investigate the cross-cultural differences in dairy food intakes between France and England and assess strategies for change dairy foods consumption in young adults aged 18-30 years.

Specific objectives of the project:

- Cross-cultural comparison
- Sustainability and health concerns
- Pilot study to test new strategies for change

### MY THESIS IN KEY WORDS

Diary - cross-cultural perspective - sustainability - food behaviours - psychology - nutrition

## DETAILS

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