
The sensory and cognitive factors of choice of vegetables by the children at the restaurant

PhD :

David MORIZET

Preview :

Major public health issues such as obesity, cancer and cardiovascular illnesses can stem from poor eating habits during childhood. This study has enabled a better understanding of the sensorial and cognitive determinants of food item choices by children aged 8 to 11 for the specific case of vegetables in out-of-home food service. Now, the conclusion needs to be put into application in order to increase the consumption of vegetables by children thanks to the notion of pleasure, by proposing appreciated culinary forms.

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