
Menu 7 Paper 4

Menu, Journal of Food and Hospitality Research
Volume 7, 2018, Pages 27-32

Development Of A Database To Assess The Healthiness Of Children's Menus In Commercial Restaurant

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DOI: <https://doi.org/10.26048/xpnr-wn94>

Abstract:

The environment plays a major role in the rise of childhood obesity and overweight. This article reports the development of a database of menus targeting children in commercial foodservice. The aim of this database is to allow public health professionals to better assess the healthiness of foodservice environments that children have access to when eating out in restaurants.

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