
Menu 6 - Paper 6

Menu, Journal of Food and Hospitality Research
Volume 6, 2017, Pages 39- 48

Summary of an International symposium: The role of proteins within a nutritious, healthy and sustainable diet

Anestis Dougkas*

* Institut Paul Bocuse, 69130 Ecully, France

DOI: <https://doi.org/10.26048/k8ht-3e33>

Abstract: A sustainable diet is not just one that has a low environmental impact, but also one that contributes to optimal nutrition and to a healthy lifestyle. The symposium aims at sharing the ongoing fundamental and applied research on the role of proteins within a nutritious, healthy and sustainable diet.

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Research & Innovation Center - Institut Lyfe

Château du Vivier - Ecully - France
Tel: +33 (0)4 72 18 02 20

Contact

Raphaëlle Mouillefarine
Partnerships Development

[Send an email](#)

+33 (0)4 26 20 97 63

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