# Menu 6 - Paper 6

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## Summary of an International symposium: The role of proteins within a nutritious, healthy and sustainable diet

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**Abstract:** A sustainable diet is not just one that has a low environmental impact, but also one that contributes to optimal nutrition and to a healthy lifestyle. The symposium aims at sharing the ongoing fundamental and applied research on the role of proteins within a nutritious, healthy and sustainable diet.

Read the article

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## Career

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