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# Eating at Work



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International Symposium - September 20th 2018

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## Summary

Wellbeing at work is becoming a **key priority in companies**. At the same time, maintaining a balanced diet is part of a healthy lifestyle. Yet, very little is known about **workers' eating habits**, and what can be done to improve them. This symposium brings together scientists and private and public sectors professionals interested in the topic of **eating at work** in order to present the most advanced knowledge on the topic, to share expertise and field experience, and identify the challenges to come.



FOODSMART

This event will include a presentation of the main outcomes of the EU-funded project [FOODSMART](#).

An event combining research and field expertise to address the challenges of eating at work tomorrow.

## Program

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[Click and Download](#) the Program.

## Practical Information

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### Location and date

The Symposium will take place at the Institut Paul Bocuse in Ecully (next to Lyon), on September 20th 2018. Fees (covers registration, breaks and lunch)

- Registration fees: 100 €
- Reduced fees: 50 € (For students and Research & Innovation Committee Members)

Please note that the organizers are not able to take care of transportation, accommodation or registration fees.

### Accommodation

List of possible hotels:

- Campanile Ecully: <http://www.campanile.fr/ecully>
- Cool and Bed, 32 quai Arloing 69009 Lyon. Tél: 04 26 18 05 28 <http://www.coolandbed.com>
- Resid'Hôtel Lyon Lamartine: <http://www.residhotel.com/lyon-lamartine.html>
- Holiday Inn Lyon Vaise: <http://www.holidayinn.com/hotels/fr/fr/lyon/lysvv/hoteldetail>
- Ibis Lyon Perrache: <http://www.ibishotel.com/fr/hotel-2751-ibis-lyon-centre-perrache/index.shtml>
- Hôtel Le Royal: [www.mgallery.com/Lyon](http://www.mgallery.com/Lyon) (*Hotel school of the Institut Paul Bocuse - ask us for partnership rate*)

## Registration

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The registration includes the full day and the lunch.

[Billetterie Weezevent](#)

## Contact

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For any question, please contact [symposium@institutpaulbocuse.com](mailto:symposium@institutpaulbocuse.com) with the object "Eating at Work Symposium".

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### Career

- > [PhD Position - HealthFerm - Social Science](#)
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- > [PhD Position - Computational Neuroscience - Cognitive Neuroscience](#)